

Light Vehicle Theory And Practical 2 Days Training



This training session is intended for a group of 6 participants maximum. Any person involved in driving or driving-related activities.

Prerequisites

- Valid driver's license, matching the type of vehicle and country concerned.
- International driver's license (if training is to be delivered outside the country of residence).
- Fluency in the language in which the training is provided.

Objectives

- To ensure the participants are familiar with general road rules.
- To enable the participant to assimilate the basic rules of safe driving.
- To introduce the company's policies and standards related to driving.
- To be capable of anticipating potential road traffic accident situations.
- To understand the appropriate reactions in emergency situations.
- To develop the aptitude to observe and to control the vehicle.
- To demonstrate low-risk driving techniques.

Content

Review of main features of road rules and regulations

Definitions, road signage (shapes, colors and pictogram symbols)

Human aptitude and physical capacity to drive

Human and mechanical reaction times
Vision and driving
Notions of near/distant vision and binocular/peripheral vision

Analysis and identification of potential road hazards

Identification of road hazards
Review of specific driving environments (off-road, snow, ice)
Corrective actions adapted to different risk areas.

Safe following distance

Understanding and calculating safe distances between moving vehicles

Safe distances in different traffic situations
Braking and stopping distances

Drivers' capacities

Alcohol consumption
Use of medicines or drugs

Vehicle mechanics Understanding and assessing the vehicle's mechanical conditions
Type of vehicle

General vehicle condition and inspection
Tires (condition/type)
Passive safety features (air bags/ABS brakes/seat belts/headrests).

A 40-minute multiple choice exam will be administered at the end of the theoretical session to provide each participant with an overall assessment of his/her attainment level and a review of individual strengths and weaknesses on the topics covered during the course.

Commentary driving

During the course of the commentary driving session the participant is assessed by the Trainer on the basis of the theoretical framework above mentioned. The commentary driving session is filmed and may be debriefed afterwards.

Each participant will be evaluated on topics such as:

- Is the driver using his eyes effectively?
- Does the driver recognize hazardous situations in time?